



JIMSA

JOURNAL OF INTERNATIONAL MEDICAL SCIENCES ACADEMY

April - June 2010

Vol. 23 No. 2

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Inland Rs. 500
Overseas \$ 200
Single copy Rs. 150

FROM EDITOR'S DESK

Dear Colleagues,

There is a growing and perhaps justified concern amongst the medical professionals about the public health and economic impact of recent spurt of life style related-diseases. More-over, the adverse effects of drug treatment, especially in prolonged illnesses, also constitute a matter of deep concern. During the last two decades, Yoga, though known for several years in India, has now emerged as a novel therapy, popularly practised not only in our country but also abroad. Yoga training helps in the prevention, control and rehabilitation of some of the common ailments afflicting mankind.

I am extremely grateful to **Dr. Brij Bhushan Aggarwal**, primarily an Endo Surgeon, but has attained expertise in Yoga therapy through intensive training under a world renowned yogic expert. In this issue, Dr. Aggarwal has brilliantly highlighted some of the important facets of this upcoming field of **yoga** in medicine, which will be of immense benefit to the readers of JIMSA. Some of the original articles published in this issue include 'impact of yoga on respiratory diseases'; 'individualized patient education regarding risk factor management of atherosclerosis'; 'improved patient care by enforcing quality assuring practices in tertiary care hospitals. Also published, are a series of interesting care reports by authors belonging to different disciplines of Medicine. An update on **Epigenetics** emphasises the necessity to include this relatively new and exciting field in the epidemiological studies; this will perhaps modify the effects of some of the deleterious genes. In another update, the author has elaborated on the common factors under lying **fracture risk in osteoporosis**- a condition quite prevalent in Indian subjects.

This issue contains an exhaustive and brilliantly described practical approach to the **Evaluation of Male Infertility** in a *special review* contributed by **Dr. S.K.Wangnoo**; I am extremely grateful to him for this useful contribution.

P. D. Gulati

JIMSA BEST PUBLISHED ARTICLE AWARDS -DECLARED

The following articles have been selected for the "Jimsa Best Published Article Awards-2009" as per ranking given below:

- Rank 1. Oxidative Stress in Patient with Different Histopathological Types of Idiopathic Glomerulonephritis.** Nitya Nand, D. Kumar, M. Sharma, R.K. Yadav; JIMSA 2009 Vol.22 No. 4 Pg 197.
- Rank 2. Guidelines for Managing Minor Head Injuries.** Amin Tabish, N.A.Lone, M.A. Wani; Abdus Salam; JIMSA 2009 Vol. 22 No. 2 Pg 81.
- Rank 3. Three Months Comparative Study of Efficacy and Safety of Metformin Plus Glibenclamide Versus Rosiglitazone Plus Glibenclamide in the Treatment of Diabetes Mellitus.** S. Sarkar, K.K. Rao. S. Chatterjee ; JIMSA 2009 Vol. 22 No. 4 Pg 187.

Each award consists of a medal, citation and cash prize: the awardee is required to preferably receive the award at the forthcoming IMSACON 2010 on 10th and 11th September at Royal Society of Medicine, London, U.K. (contact urgently **Dr. Kamlesh Chopra**, Secretary General, IMSA, WHQ, New Delhi). In case he or she is unable to attend IMSACON 2010, he/she should intimate the editor JIMSA, accordingly.

Editor

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