

has led the radiologists to consider IVU a less optimal choice for the initial imaging in acute abdominal or flank pain.

The radiation dose can be substantially reduced by decreasing milliampere without decrease in diagnostic accuracy. Increase in pitch also lowers dose in CT examination²².

DUAL SOURCE CT IN THE CHEMICAL COMPOSITION OF URINARY TRACT CALCULI

With dual source CT the two X-ray tubes can be set at different energies Kvp i.e. at 80 Kvp and 140 Kvp and dual energy scans can be acquired concurrently. Uric acid and non uric acid stones behave differently with respect to their attenuation values when scanned with CT at different energies. A special software is available with dual source CT scanners that takes advantage of these differences and uses a decomposition algorithm to differentiate between the various calculi. Accurate determination of the chemical composition of calculi can lead to a quicker and more accurate treatment e.g. uric acid stones can be treated with oral dissolution medication and hydration while non-uric acid stones require surgical treatment.

MR UROGRAPHY

MR urography constitutes the evaluation of the collecting system and urinary tract. It is based on the principle that simple fluids, such as urine have very long T2-relaxation time and heavily T2-weighted pulse sequence generate images with high signal intensity from static fluid in the collecting system whereas lower signal intensity from parenchymal tissue is suppressed. It is performed using heavily T2-weighted images such as rapid acquisition with relaxation enhancement (RARE) and half fourier acquisition single-shot turbo spin-echo (HASTE) sequences. These sequences are extremely fast and are performed in one breathhold. The fat in the background is suppressed. This is useful in patients where use of ionizing radiation or iodinated contrast material is to be avoided. A T1 weighted gadolinium enhanced 3D FLASH sequence is used after a contrast injection of 0.1mmol/kg and multiple thin sections are obtained. These are processed with maximum-intensity-projection to produce images similar to conventional contrast urography and provide quantitative functional as well as high resolution anatomical information. Low doses of a diuretic agent can be administered before the examination for better filling of the pelvicalyceal system. Magnetic Resonance Urography (MRU) is an ideal technique in pregnancy, where there is contrast allergy, renal failure patients and if radiation dose is an issue (Fig 26 A & B). The level of obstruction is always identified, however, it is poor in the detection of urinary calculi specially those less than 4mm in size. Urothelial lesions, blood clots and debris can mimic calculi²³.

Decision on the appropriate radiological investigation is usually based on several factors which include the pretest probability of the disease, the prevalence of the disease the accuracy of the test, the potential risks of the test and the discomfort it causes to the patients & the cost the ideal test should improve the patients treatment by providing answers to the clinical questions.

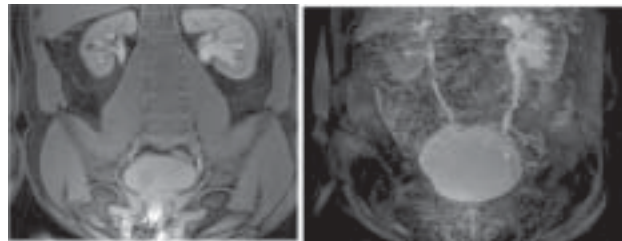


Fig. 26 A & B: T1 post gadolinium fat suppressed coronal (A) and MIP (B) MR urogram image showing a renal calculus on right side as a hypointense filling defect and left hydronephrosis due to a stricture in the left ureter.

REFERENCES

1. **Hiatt RA, Dales LG, Friedman GD et al.** Frequency of urolithiasis in a prepaid medical care program. *Am J Epidemiol* 1982;115(2):255-65.
2. **Herring LC.** Observations on the analysis of ten thousand urinary calculi *J Urol* 1962; 88:545-62
3. **Levine JA, Neitlich J, Verga M et al.** Ureteral calculi in patients with flank pain: correlation of plain radiography with unenhanced helical CT. *Radiology* 1997;204 (1): 27-31
4. **Hewitt MJ, Older RA.** Calyceal calculi simulating gallstones *AJR* 1980;134:507
5. **Zagoria RJ.** The renal sinus Pelvocalyceal system and ureter. In : Thrall JH editor: *Genitourinary Radiology. The Requisites* Mosby 2004 P 158-200
6. **Wolfman MG, Thornbury JR, Braunstein Em.** Nonobstructing radioopaque ureteral calculi. *Urol Radiol* 1:97, 1979.
7. **Zagoria RJ, Khatod EH, Chen MYM.** Abdominal radiography after CT reveals urinary calculi : a method to predict usefulness of abdominal radiography on the basis of size and CT attenuation of calculi. *AJR* 2001; 176: 117-22
8. **Yilmaz S, Sindel T, Arslan G et al.** Renal colic: Comparison of spiral CT, US and IVU in the detection of ureteral calculi. *Eur Radiol*1998; 8:212-7
9. **Middleton WD, Dodds WJ, Lawson TL et al.** Renal calculi: Sensitivity for detection with US. *Radiology* 1988; 167:239-44
10. **Burge HJ, Middleton WD, MC Clennan B L et al.** Ureteral jets in healthy subjects and in patients with unilateral ureteral calculi: Comparison with Colour Doppler *US. Radiology* 1991;180: 437-42
11. **Sheafor DH, Hertzberg BS, Freed KS et al.** Non enhanced helical CT and US in the emergency evaluation of patients with renal colic: Prospective comparison. *Radiology* 2000; 217: 792-97
12. **Fielding JR, Steele G, Fox LS, et al.** Spiral computerized tomography in the evaluation of acute flank pain. A replacement for excretory urography. *J Urol* 1997;157:2071-73
13. **Niall O, Russell J, Mac Gregor R, et al.** A comparison of noncontrast computerized tomography with excretory urography in the assessment of acute flank pain. *J Urol* 1999;161:534-537.
14. **Olcott EW, Sommer FG, Napel S.** Accuracy of detection and measurement of renal calculi: In vitro comparison of three dimensional spiral CT, radiography and nephrotomography. *Radiology* 1997;204:19-25.
15. **Heneghan JP, Dalrymple NC, Verga M, et al.** Soft tissue "rim" sign in the diagnosis of ureteral calculi with use of unenhanced helical CT. *Radiology* 1997;202:709-11.
16. **Georgiades CS, Moore CJ, Smith DF.** Difference of renal parenchymal attenuation for acutely obstructed and unobstructed kidneys on unenhanced helical CT: A useful secondary sign? *AJR* 2001;176:965-68
17. **Smith RC, Verga M, Mc Carthy S, et al.** Daignosis of acute flank pain: Value of unenhanced helical CT. *AJR* 1996;166:97-101.
18. **Nolte Ernsting C, Cowan N.** Understanding multislice CT urography techniques: many roads lead to Rome. *Eur Radiol* 2006;16:2670-86.
19. **Chai RY, Jhaveri K, Saini S, et al.** Comprehensive evaluation of patients with hematuria on multislice computed tomography scanner, protocol design and preliminary observations. *Australas Radiol* 2001;45:536-38.
20. **Chow LC, Kwan SW, Olcott EW, et al.** Split bolus MDCT urography with synchronous nephrographic and excretory phase enhancement *AJR* 2007;189:314-22.
21. **Pfister SA, Deckart A, Laschke S et al.** Unenhanced helical computed tomography vs intravenous urography in patients with acute flank pain : accuracy and economic impact in a randomized prospective trial. *Eur Radiol* 2003; 13:2513-20.
22. **Rogers LF** Dose reduction in CT: how low can we go? *AJR* 2002;179:299.
23. **Blandino A, Gaeta M, Minutoli F et al.** MR pyelography in 115 patients with a dilated renal collecting system. *Acta Radiol* 2001;42:532-6.

Future Special Issues/ Symposia

Special Issues :

- Emerging Infections: Indian Perspective
- Challenges of Diabetes in the Developing World
- Ophthalmology Today
- Organ Transplantation: Current Scenario
- Critical Care: What is relevant to our needs

Symposia :

- Menorrhagia: Management Strategies
- Advances in Orthopedic Surgery
- Advances in Endourology
- Advances in Gynaecology
- Constipation: Emerging Horizons